

REFLECTIONS REGARDING THE TRADITIONAL COMPONENT IN THE ROMANIAN MODERN FOOD SYSTEM

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Abstract: *Since the emergence of human species, food and eating behaviors, along with their adjacent agricultural activities, have had a primary role in the development of modern society and of man himself. Beside its nutritional role, food has become a main socio – cultural determinant, eating behaviors being influenced on one hand by the psychosensorial characteristics and declared quality of the food product and on the other hand by the physiological state of the consumer and its mindset main influencers: traditions, religion and habits. From principals that were closely respected, which built a strong relationship between man and nature, the migration from the natural environment to the anthropogenic one transformed Romanian traditional food into highly a processed industry which brought to the public's attention new concepts like fast-food or genetically improved products.*

The present paper takes into consideration these main determinants in order to identify and analyze the evolution of eating behaviors in the geographic area where the Romanian society evolved. Thus, a literature review is performed to date in order to develop an empirical analyses regarding the drivers of Romanian eating patterns.

Having as a starting point the wide variety of Romanian food resources, this study aims to highlight how culinary customs have been modeled throughout history in order to help establish further eating patterns as an assessment method based on the impact of technological progress on the future alimentation.

Keywords: traditional food, local community, sustainable food resources, eating behavior

JEL Classification

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